

Returning Home Resource and Guide

Outreach Resource

For North Carolina Local Reentry Councils



This resource emerged from the collaborative partnership between North Carolina Coalition Against Sexual Assault, Orange County Rape Crisis Center, and the Orange County Local Reentry Council



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Returning Home

*People returning home are handling a lot of things. Some things can be hard to talk about, like any **unwanted sexual contact or activity** that may have happened on the inside, or even sexual abuse that happened in childhood or teen years.*



There are ways to get connected to a place that can help.

- You could talk to a local service provider who has experience talking about these things.
- You could call their helpline: **(919) 967-7273**, text **(919) 504-5211**, or use the chat feature on their website: **ocrcc.org**
- You could call another helpline if you are outside Orange County: **1-800-656-4673**, or look at their website: **rainn.org**
- For a resource written by those who work with formerly incarcerated survivors, call **(213) 384-1400** ext **110** to reach **Just Detention International**

These resources are...

- Free— there is no cost at all
- Available to All-- including those returning home
- Private and Confidential- nobody will ask you for your name, or try to contact your or ask for your contact info.
- FOR YOU- you can share whatever information you choose, and you can end the conversation when you choose: **You are in control of the conversation**
- Helplines are available 24/7- Helplines are always answered

FACTS:

- ➔ **You deserve to be believed**
- ➔ **You deserve to be listened to**
- ➔ **You deserve to be supported**
- ➔ **You deserve to have all the information you need to take the next step**



Returning Home Resource Guide:

For Local Reentry Councils Working with Reentrants

The Returning Home Resource provides information to individuals returning home who have experienced sexual abuse at any point in their lives. It provides information about accessing local and national programs for support for sexual trauma. The information in the RHR takes into consideration the barriers re-entrant survivors face in disclosing or even talking about any kind of unwanted sexual activity or childhood sexual abuse. **This Guide provides information to LRCs about the RHR with suggestions on how to use the RHR with reentrants.** *This Guide is intended only for service providers.*



- **The Main Text Box** is a statement about survivors who are also reentrants that provides education on sexual violence. It provides language on how to access help, and normalizes talking about a difficult subject. **The terms sexual violence, assault, and abuse are used interchangeably to provide the broadest understanding of unwanted sexual activity or childhood sexual abuse.**
- **The Get Connected section** provides options for accessing local or national helplines. Local services are the county's nearest rape crisis programs.
 - For information about your county's local rape crisis program: nccasa.org/get-help. RAINN directs callers to local services, and Just Detention International provides info on PREA, and assists survivors and service providers.
- **The Resources section** describes what to expect and emphasizes the things that are important to justice-involved individuals
- **FACTS** are statements intended to reassure and empower.

How Local Reentry Council Direct Service Providers Can Use this Resource

- The Returning Home Resource can be included in any "Welcome Home" packets along with other resources. **This is a low impact way of providing information on sexual abuse.**
- It can be provided at the initial point of contact with a new client in a general way that feels natural and does not single out sexual violence services as an identified or assumed need.
- It can be provided as a specific resource to meet a client's specific need at their request, or when a client discloses an experience of sexual abuse.
- **LRCs can incorporate language from the RHR or use it as a foundation to build on with language that is more relatable to clients.**

If you have any questions about other ways to provide support for survivors, please reach out to the rape crisis community. These services are not only for survivors but also for those who are helping.

