<u>Deep-Fried and Burnt to a Crisp: Burnout in Advocacy</u> <u>Super fun handouts!</u>

What I do	What it means		

ADAPTING MY WORK TO FIT ME What do I need to remember about myself when I do my work?

I am giving myself permission to think and feel:

Questions? Comments? Want to be friends? Get a hold of me:

Sarah Edstrom Edstrom_sarah@yahoo.com (952) 465-1670