

Parents in the Know

A Program for Engaging Parents in
Child Sexual Abuse Prevention

Parents' Journal: Activities & Handouts



Introduction:

Welcome to Parents in the Know, a practice-based child sexual abuse prevention program. We hope that Parents in the Know helps you talk with your children, connect with parents, build new partnerships, find strength and support within your communities and evaluate what you are doing and how well you are doing it.

Many of the activities in this booklet were developed for Where We Live : A Manual for Engaging Parents in Child Sexual Abuse Prevention (PAAR, 2012). This booklet is to be used in combination with the booklet Parents in the Know: A Program for Engaging Parents in Child Sexual Abuse Prevention: Parent’s Journal: Mini Opps (PAAR, 2015).

Table of Contents

| | |
|---------------------|-------|
| Session One | 2-7 |
| Session Two | 8-14 |
| Session Three | 15-22 |
| Session Four | 23-26 |
| Notes | 27-29 |

© Pennsylvania Coalition Against Rape 2015. All rights reserved. This publication was developed by Pittsburgh Action Against Rape for the Pennsylvania Coalition Against Rape and was supported in part by funding through a grant from AmeriHealth Caritas.

Just for Parents

- How do I model or show my child through actions and words what it means to have respect from others?
- How do I model or show my child through actions and words what it means to have respect for others?
- How do I model or show my child through actions and words what it means to have personal space?
- How do I model or show my child through actions and words what it means to respect the personal space of others?
- What safety rule have I discussed or do I want to discuss with my child?
- How do I model or show my child through actions and words how to stay safe?
- How do I model or show my child through actions and words how to help keep others safe?
- How do I model or show my child through actions and words how to ask others for help when I feel unsafe?
- How do I model or show my child through actions and words how to offer help when asked?

Green Light Behaviors

Identify three adults a child may see often. List “green light” or safe and respectful ways each adult listed may interact with a child.

Possible examples: a high five, a hug, a hello, a wave goodbye

| | | |
|-------|-------|-------|
| <hr/> | <hr/> | <hr/> |
|-------|-------|-------|