

2011-12 Annual Report



A letter from our CEO

I'm proud to present to you the Pennsylvania Coalition Against Rape (PCAR)'s Annual Report for fiscal year 2011-12. The year provided an opportunity for our coalition to engage communities across Pennsylvania in a broader conversation about child sexual abuse.

In November 2011, the national spotlight focused on former Penn State assistant football coach Jerry Sandusky who was facing multiple criminal charges related to accusations that he sexually abused 10 boys. In June 2012, he was tried for 48 related charges and convicted on 45 counts.

All eyes were on Pennsylvania. With that spotlight came increased attention to child sexual abuse—and sexual assault in general.

I'm proud to say PCAR led the way in advocating for the rights of sexual assault victims and educating the public about sexual abuse. We fought to keep the names of the survivors who testified about Sandusky private by filing an amicus curiae in conjunction with the National Sexual Violence Resource Center, the Victim Rights Law Center, the Pennsylvania Coalition Against Domestic Violence, The National Center for Victims of Crime and the National Crime Victim Law Institute.



Members of our staff stayed on-site throughout the entire trial process, offering victim perspectives to members of the media and their audience, and combating claims by Sandusky's attorneys through blog responses and national media releases.

PCAR and the National Sexual Violence Resource Center forged a three-year partnership to work with Penn State University to enhance their ability to detect, respond to and prevent sexual assault shortly after Sandusky's arrest. As part of the partnership, PCAR worked with the university to train more than 16,000 university employees on mandated reporter requirements. Additionally, we assisted in the creation of an online training for other PSU staff.

Our work relating to the Sandusky case is just one way we made a difference in our community.

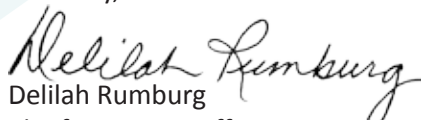
PCAR hosted the 2011 National Sexual Assault Conference in Baltimore, Md., in collaboration with the California Coalition Against Sexual Assault. More than 800 people from four countries participated in the two-and-a-half-day conference entitled *Changing Our Communities, Changing Our World*.

Our talented training team continues to provide varied topical trainings, develop curricula and produce new resources; we are particularly proud to introduce the *Assessing Campus Readiness for Prevention* manual. You can learn more about our training efforts on pages 6-7.

PCAR is grateful for the support of our funders and donors whose commitment to ending sexual violence has made these—and many other achievements—possible. We hope you will continue to be an active partner in our efforts.

Together, we can end sexual violence.

Sincerely,


Delilah Rumburg
Chief Executive Officer

Who is PCAR?



PCAR's leadership team consists of (Left to right, front to rear) Kristen Houser, Vice President of Communications and Development; Delilah Rumburg, CEO; Joyce Lukima, Vice President of Services; Tracy Cox, NSVRC Communications Director; Heather Pachkoski, Vice President of Finance; Karen Baker, NSVRC director and Vice President of Resources.

The Pennsylvania Coalition Against Rape is the oldest rape crisis coalition in the country—founded in 1975—and works to eliminate sexual violence and advocate for the rights and needs of victims of sexual assault.

PCAR funds and supports the work of 50 rape crisis centers who serve victims of all ages in Pennsylvania's 67 counties. Since 2000, PCAR has operated the National Sexual Violence Resource Center to support sexual assault prevention and intervention across the country.

We also support AEquitas: The Prosecutors' Resource on Violence Against Women to provide prosecutors with the support, training, mentorship and resources necessary to objectively evaluate and constantly reexamine and refine their approach to justice in cases involving violence against women.

PCAR provides resources and training on sexual assault-related issues to professionals across the country and promotes public policy to provide legal protections for victims and enhance public safety.

Through PCAR's Vision of Hope Fund, we invest in effective sexual abuse prevention. Each year, PCAR awards grants of up to \$50,000 to advance our mission of increasing child safety through adult responsibility and accountability.



Nov. 5, 2011

PCAR received an email from a CNN producer requesting a live interview the following day to discuss the Grand Jury report released about child sexual abuse allegations against Jerry Sandusky.

November 10

PCAR holds press conference in State College, Pa. to emphasize that it is the responsibility of every adult to protect children from sexual assault.

December 11

Penn State announces it has given a \$1.5M three-year grant to PCAR to support a partnership between the agencies. PCAR is commissioned to provide training and assistance to Penn State to help them enhance their ability to detect, respond to and prevent sexual assault.



November 12

PCAR begins giving live interviews at 6:30 a.m. outside Beaver Stadium in State College. Student-athletes and Penn State staff volunteered to collect donations at the stadium. PCAR's logo and hotline number were featured on the Jumbotron repeatedly during the Penn State-Nebraska football game.

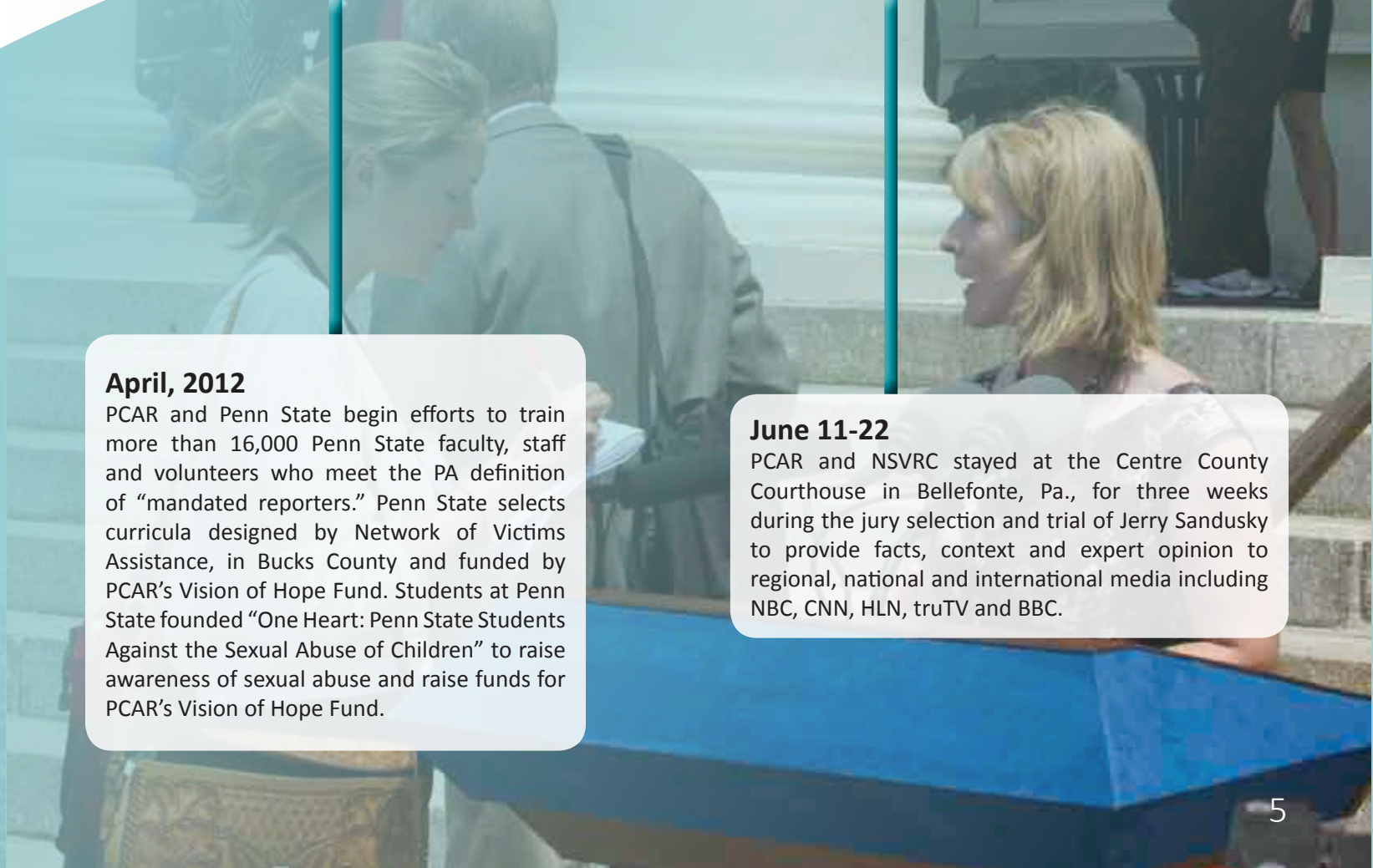
November 11

PCAR attends candlelight vigil at Penn State and provides numerous interviews with media from across the nation on the prevalence of child sexual abuse, characteristics of offenders, grooming behavior and the importance of community commitment to prevention. The ESPN radio affiliate out of Pittsburgh dedicates an entire hour program to a live interview with PCAR about child sexual abuse prevention.



June 4-6

PCAR and NSVRC staff go to Bellefonte, Pa. to work with members of the press during pre-trial hearings and jury selection for the Jerry Sandusky trial. PCAR, the National Crime Victim Law Institute and the National Center for Victims of Crime filed a motion to request the court to use aliases or otherwise keep victim names out of court records.



April, 2012

PCAR and Penn State begin efforts to train more than 16,000 Penn State faculty, staff and volunteers who meet the PA definition of "mandated reporters." Penn State selects curricula designed by Network of Victims Assistance, in Bucks County and funded by PCAR's Vision of Hope Fund. Students at Penn State founded "One Heart: Penn State Students Against the Sexual Abuse of Children" to raise awareness of sexual abuse and raise funds for PCAR's Vision of Hope Fund.

June 11-22

PCAR and NSVRC stayed at the Centre County Courthouse in Bellefonte, Pa., for three weeks during the jury selection and trial of Jerry Sandusky to provide facts, context and expert opinion to regional, national and international media including NBC, CNN, HLN, truTV and BBC.

Training & Technical Assistance

Our training and technical assistance department provides an array of support, training and resources to professionals and rape crisis centers. The department provides assistance via phone, email and directly on-site, fulfilling requests to support prevention, victim service, multi-disciplinary teams and systems advocacy. Evaluation and assessments are provided to enhance rape crisis center services. The department conducts trainings and web conferences, they provided more than 80 during the past fiscal year. In addition, our training and technical assistance team created publications such as the *Assessing Campus Readiness for Prevention manual*, to educate and inform the general public and professionals served by PCAR.

- PCAR formed the Human Trafficking Response Team—comprised of law enforcement, victim advocates, social services and professional trade associations from Dauphin, Perry, Cumberland, York, Adams and Franklin counties—in 2011. The team conducted trainings in Pennsylvania and nationally to educate professionals most likely to encounter a victim or trafficker. Trainings were held in 10 counties across the Commonwealth for law enforcement, Children and Youth Services case workers, advocates, prosecutors, judges and many other professionals to teach physical and social indicators of human trafficking and how to respond if they suspect trafficking. We also provided trainings on how to build community awareness of trafficking and provide support to victims.

- PCAR and NSVRC, in collaboration with the California Coalition Against Sexual Assault, hosted a two-and-a-half day national conference for victim advocates and other professionals who work to prevent and intervene in sexual violence. More than 800 attendees from four countries attended the conference in Baltimore, Md., Sept. 14-16, 2011.

- CEO Delilah Rumburg and members of PCAR's *AEquitas: The Prosecutors' Resource on Violence Against Women* traveled to Cape Town, South Africa for the *2011 Africa Regional Working Session of the Global Partnership to End Violence Against Women*. Rumburg served as a faculty member for the conference and worked with delegates from the Democratic Republic of Congo to coordinate responses to sexual assault victims. The training was hosted by Vital Voices and featured 30 participants from a variety of regions.

- PCAR developed several publications, including a two-part series called *Traumatic Brain Injury and Sexual Violence*, providing an overview of traumatic brain injury (TBI) and common problems following a brain injury. The series helps service providers recognize signs and symptoms of TBI and helped in provided resources and communication tips for working with victims of sexual assault who may have TBI.

- PCAR created a pocket-sized checklist for law enforcement listing potential physical and social indicators of sex trafficking, contact information for additional assistance and resources as well as areas where sex trafficking often takes place.



U.S. Rep. Chaka Fattah (D-PA) addresses attendees during the National Sexual Assault Conference at the Baltimore Hilton Sept. 14-16, 2011.



PCAR CEO Delilah Rumburg traveled to Cape Town, South Africa for the 2011 Africa Regional Working Session of the Global Partnership to End Violence Against Women. Rumburg is pictured from left to right with several participants: Jennifer Gentile Long, director *AEquitas*; Pumeza Mafani, TCC's Sexual Offenses and Community Affairs Unit, National Prosecuting Authority; Rumburg, CEO, PCAR; Bennetta Holder Warner, Liberia Female Law Enforcement Association; Annie Rashidi-Mulumba, Director of Programs, Congolese Female Lawyer Association (AFEJUCO); Felicia Coleman, Sexual Gender-Based Violence Crimes Unit, Ministry of Justice, Liberia.

Trainings offered included:

Prevention:

- Internet Safety Training for Parents
- Creating a Prevention Plan and Capacity Building Around Prevention
- Campus Organizing for Sexual Violence Prevention
- Addressing and Preventing Sexual Violence: Strategies for Professionals Serving Youth and Their Communities
- Organizing a Movement to Prevent Sexual Violence in the LGBTQ Community on College Campuses
- Engaging Men '101': Setting Goals and Understanding the Approach
- Incorporating Prevention into Sexual Assault Counselor Training

Trafficking:

- Creating and Sustaining Human Trafficking Response Teams
- Human Trafficking and Truck Stops
- Domestic Trafficking of Adolescents
- Indicators of Human Trafficking

Medical:

- Medical Advocacy Skills
- Advanced Medical Advocacy
- Sexual Assault Response Teams and VAWA requirements
- The Forensic Rape Exam: What Happens in PA Emergency Rooms After a Sexual Assault
- Women's Pasts, Future Outcomes—Adverse Childhood Experiences and Their Effect on Health
- The Forensic Exam, an Overview for ASL interpreters

Impact of Sexual Violence:

- Sexual Assault Basics
- Technology and the Normalization of Sexual Violence
- Premeditation in Non-Stranger Sexual Assault
- Sexual violence, Prevention and Effective Campus Sexual Assault Policy Development
- Promoting Healthy Relationships—Sexual Assault, Dating Violence, and Substance Use Prevention
- Addiction, Prevention and Sexual Violence

Underserved Populations:

- LGBTQ 101
- Stop Abuse for Everyone (SAFE): A Training on Abuse for People with Disabilities and Their Care Providers
- Building the Bridge: The Intersection of Sexual Violence and Eating Disorders
- Sexual and Domestic Violence and Mental Health

Supporting Survivors:

- Sexual and Domestic Violence Training for ASL interpreters
- Mandated Reporter Training: Knowing Your Role in the Protection of Our Children
- Engaging Parents and Community Members
- Counseling Survivors of Incest
- Advocacy Curriculum Train the Trainer
- Core Competencies: The Unique Skills of Advocacy



Developed, piloted, and evaluated by Pittsburgh Action Against Rape and Stephanie Townsend, Ph.D., with support from PCAR, *Where We Live: A Manual for Engaging Parents in Child Sexual Abuse Prevention*, is a four-session educational and skill-building class designed to prevent child sexual abuse. It is a primary prevention program that strives not only to raise parents' awareness of child sexual abuse, but also to build their skills for proactive, protective behaviors.

This manual presents a new approach to the Reconstructing Norms curriculum, incorporating cutting-edge sexual violence advocacy and effective primary prevention models. The new approach helps sexual assault preventionists leverage their expertise to support college communities' sexual violence prevention work. The manual aims to build readiness and empower college communities to create unique solutions to the problem of sexual violence on campus.



Assessing Campus Readiness for Prevention

An updated approach to the Pennsylvania Coalition Against Rape's Reconstructing Norms Curriculum

Advocating Change

PCAR uses a multi-faceted approach to impacting public policies related to victim rights, public safety, and sexual assault issues. We incorporate recommendations from survivors and service providers to inform our Board of Directors when determining PCAR's position on public policy issues.

Once the Board adopts a position, we regularly visit members of the Legislature, share our positions with our member programs and the public at large, and encourage them to contact their representatives to discuss the issue. We provide talking points, statistics and sample letters to legislators or newspaper editors to assist our constituents in advocating for the rights of sexual assault victims and enhancing community safety with regard to sexual abuse.

The path to getting a bill passed can be long. PCAR spent six years advocating for legislation to allow expert testimony about victim behavior and the impact of sexual violence to be permitted in sexual assault cases. This is crucial to educate jurors about normal behaviors and emotional responses of victims which might otherwise seem counterintuitive.

Jurors often have preconceived notions about how victims behave after an assault, where they go and who they tell, what they wear and look like, where they come from and ultimately, who they are. These misconceptions lead to bias difficult to overcome without assistance from an expert witness who understands victim responses to sexual assault.

We were patient but tenacious. House Bill (HB) 1264, formerly HB 66 and HB 2255 in prior sessions, was passed by the House unanimously in June 2011. It was passed by the Senate one year later. Governor Corbett signed the bill June 29, 2012 as Act No. 75, taking effect on Aug. 28, 2012. While Expert Witness Testimony was the only bill to pass during fiscal year 2011-12, PCAR advocated for numerous other pieces of legislation, many which passed after June 30, 2012.

- The Sexting by Minors Act—signed into law Oct. 25, 2012—created the offense of Transmission of Sexually Explicit Images by Minors. The offense updated legislation which stated teenagers who possess or transmit sexually explicit photos of other teenagers could face felony charges under the child pornography statute. Now, offenses involving sexually explicit images between teenagers are classified as summary offenses, or second to third degree misdemeanors.
- HIV-Related Testing for Sex Offenders—signed into law Oct. 25, 2012—now provides a victim of sexual assault with a legal avenue to compel the defendant to submit to HIV testing. A court order for testing can be obtained by the victim if there is reason to believe bodily fluids between a defendant and a victim were exchanged during an assault.
- The National Human Trafficking Resource Center Hotline Notification Act—signed into law Oct. 25, 2012—requires establishments including adult entertainment venues, airports, train stations, bus stations, Turnpike rest areas, truck stops, businesses with liquor licenses, spas and massage parlors to post signs advertising the phone number for the National Human Trafficking Resource Center Hotline (1-888-373-7888).
- The Cruttenden Amendment updated the Wiretap Act for the first time since 1998, broadening the ability of the public to record communication and how those recordings could be used as evidence in the criminal court system. The amendment allows law enforcement to arrest sex offenders and other criminals by using electronic communications.




(Left to right, front to back) Frank Noonan, Commissioner of Pennsylvania State Police; Tom Corbett, Governor; Rep. Chelle L. Parker, 200th Legislative District; Kristen Houser, PCAR vice president of communications and development; Delilah Rumburg, PCAR CEO; Diane Moyer, PCAR legal director; Lynn Carson, former PCAR grants and contracts director.


Fiscal Breakdown

Revenue

Federal Grants:

\$7,343,534—45.36% 


State Grants:

\$7,006,197—47.55% 


Miscellaneous Grants:

\$129,922—0.84% 


In-kind Contributions and Donations:

\$209,586—1.36% 


Fundraisers, Sale of Materials:

\$206,820—1.34% 

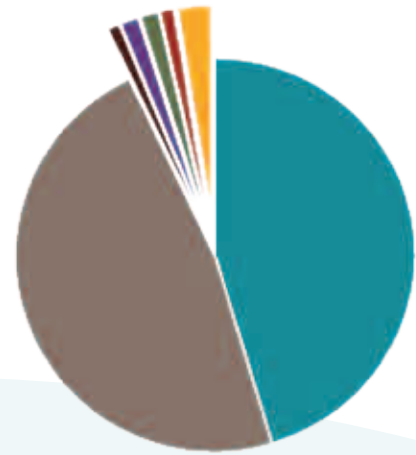
Assessment Income:

\$150,184—0.97% 

Miscellaneous Revenue:


\$398,253—2.58% 

Total: \$15,444,496




Expenses


Program Services:

\$13,538,387—88.74% 

Fund Development:

\$317,589—2.08% 

Management & General:

\$1,399,089—9.18% 

Total - \$15,255,065



Supporters

The Pennsylvania Coalition Against Rape proudly recognizes the gracious donations of our supporters who enable us to carry out our vital mission. Thank you.

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Carmen and Tonia Finestra
James and Dawn Flower, Jr.
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Fortney Printing
Fulton Theatre
Blake and Linda Gall
Teresa Garvey
Sarah Gebhardt
Melinda Ghilardi
Giant Food Stores, LLC
Caroline Gibson
Katie Gill
Ronald S. Gilligan
Glatfelter Insurance Group
Lucy Gnazzo
Gold's Gym, Linglestown
Michelle Goldberg
Pamela Golden
Golden Inn Hotel and Resort
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Victim Services Center of
Montgomery County
Joseph Victor
Karla Vierthaler
WA Coalition of Sexual Assault Programs
Tara Wasilewski
Amy Waters
Ann Weckerly
WGAL
What If Cafe
William Penn Omni
Kelly Wilt
WITF
Donna Wolk
Women's Crisis Center
Women International Leaders of
Greater Philadelphia, Inc.
W. Lee and Barbara Woodmansee
Tracy Wrubleski
Mr. and Mrs. David Yake
Yankell Fine Arts
Timothy Yoder
York County Heritage Trust
York Revolution Baseball
York Traditions Bank
The Yorktowne Hotel
YWCA of Harrisburg

Vision of Hope



Former Pennsylvania First Lady Michele Ridge and Former Secretary of Homeland Security Tom Ridge dance at the Vision of Hope Gala & Auction in 2011.

PCAR founded the Vision of Hope Fund in 2005 with former Pennsylvania First Lady, Michele Ridge. Our goal was to inspire adults to ask, “How can I help prevent child sexual abuse?” and to provide them with resources proven to protect children. To make this possible, we host the annual Vision of Hope Gala to raise funds to support prevention and intervention programs. PCAR offers a nationally competitive annual grant through the Vision of Hope Fund of up to \$50,000 to support research, evaluation or expansion of promising prevention programs. All grant deliverables must be replicable and made available for use in communities across Pennsylvania and the country. Through the Vision of Hope Fund, we are enriching the field of prevention and expanding the resources available to prevent child sexual abuse.

On March 31, 2012, PCAR was joined by 260 guests at the Hershey Lodge to raise a net total of over \$91,000 for the Vision of Hope Fund. Guests learned about the impact of sexual abuse from former NFL player Al Chesley who candidly shared his personal story of being repeatedly sexually assaulted by a police officer as a child, and were moved by his story of recovery and inspired by his activism. PCAR honored children’s advocate Cathy Palm of Berks County with the 2012 Vision of Hope Award. Cathy co-founded the Protect Our Children Committee in 2003 and serves as the Executive Director. Through her career she has pressed to allow for video testimony of child victims, advocated for child abuse prevention funding, called for critical examination of child fatalities and helped enact state legislation requiring every county to convene multidisciplinary fatality and near-fatality reviews. Her work also aided in the creation of the Task Force on Child Protection.

PCAR awarded the 2011 and 2012 Vision of Hope grants to Dr. Keith Kaufman of Portland State University. Through the Vision of Hope Fund grant, Dr. Kauffman developed The Situational Prevention Approach, a pilot project to reduce instances of child sexual abuse in youth-serving organizations. The project aims to protect children by helping programs identify risk factors and strengthen policies, procedures and the physical environment. Boys & Girls Clubs in Pennsylvania and Oregon helped test the effectiveness of the approach and developed a training model for rape crisis staff as they work with community partners.



(left) Kristen Houser, PCAR Vice President of Communications and Development, and Sally Laskey, NSVRC Director of Special Projects, attend the Vision of Hope Gala and Auction at the Hershey Lodge.

Funding Hope



PCAR CEO Delilah Rumburg receives a \$5,000 check from the Verizon Foundation Aug. 30, 2011, during a Harrisburg Senators minor league baseball game. The donation supported PCAR's 24-hour statewide sexual abuse hotline. The line (1-888-772-7227) routes more than 69,000 calls each year to rape crisis centers across the state that offer support to sexual abuse victims and information to community members who may suspect abuse.



State College resident and Penn State alumnus Brian Bumbarger took to social media with a call to action for Penn State to allow donations to be collected at Beaver Stadium to fight child sexual abuse. Penn State student athletes and faculty collected donations at the stadium gates on the morning of November 12, 2011, prior to the PSU-Nebraska kick off. Approximately \$22,000 was collected; proceeds were split with Prevent Child Abuse-PA.

Vision of Hope Grant

The Vision of Hope Grant provides funding opportunities to enhance best practices in the field and promote the prevention of sexual violence. In the case of our *Situational Prevention Approach* project, it offered a critical opportunity to explore the fit, utility, and effectiveness of the approach for use with youth-serving organizations.

The intent of this project is to foster safety among our children by demonstrating the approach's effectiveness and value and then expanding its use with other community-based organizations.

The Vision of Hope Grant allowed us to examine the use of this approach as a consultation model that could support the work of rape crisis centers with community organizations. The Vision of Hope Grant is one of only a handful of flexible funding opportunities that allows for the development of cutting edge, new directions. While the project is still in progress, it has already received a great deal of very positive attention from other youth serving organizations, professionals, and leaders in the field.

We are indebted to PCAR and the Vision of Hope Fund for their support of our efforts and for encouraging the development of innovative prevention programming to address sexual violence.



Keith Kauffman, Ph.D.
Portland State University
2011 & 2012 Vision of Hope Fun Grant recipient

Empowering Survivors

A Personal Success Story from the Victim Assistance Center, YWCA York

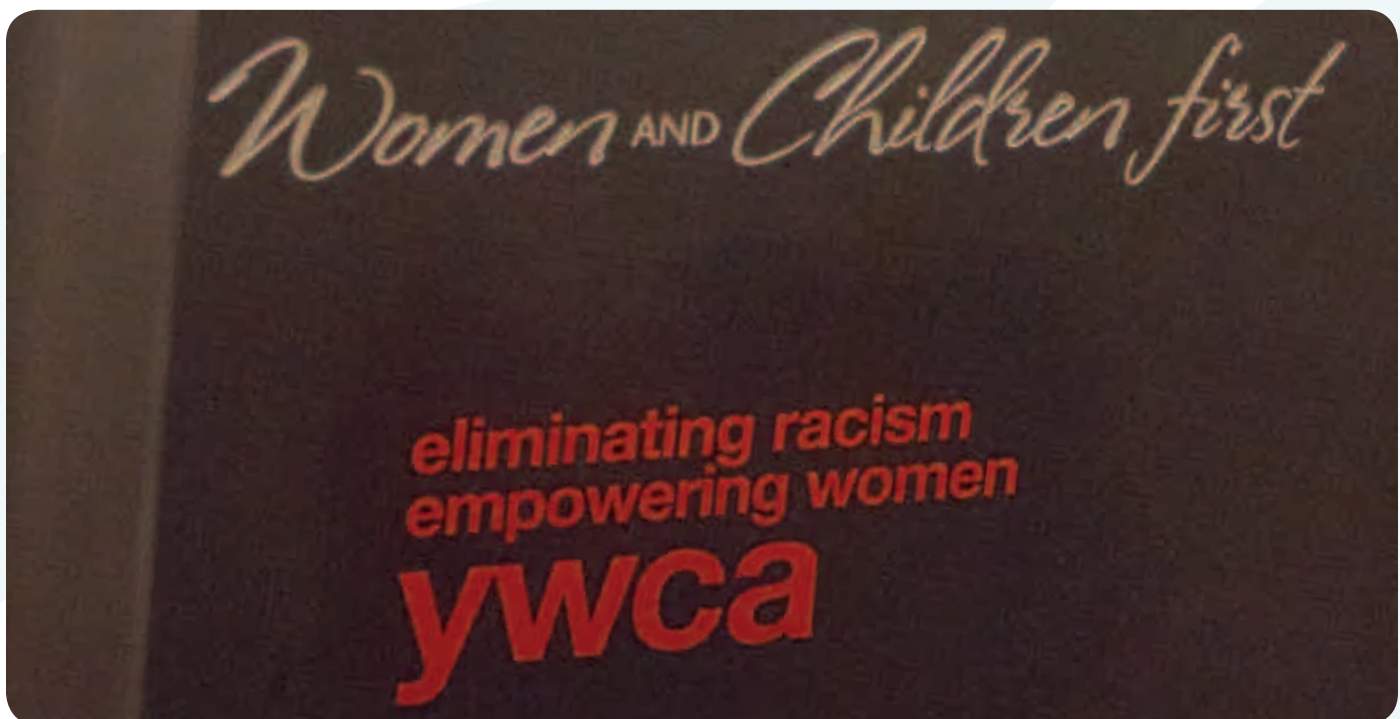
A male survivor of child sexual and physical abuse sought counseling at the Victim Assistance Center in York County after the death of his wife which had triggered multiple post-traumatic stress symptoms. When the survivor first came to Victim Assistance Center, he was so overwhelmed with trauma-based emotions that he was almost incapacitated in his ability to function.

His counseling focused on processing multiple forms of abuse and neglect suffered as a child and diminishing its impact on his life today.

Today the survivor is able to handle difficult emotions, build healthy relationships with others and no longer blames himself for the abuse or neglect.

He is a spokesperson for the Victim Assistance Center and other similar centers and an advocate on behalf of child abuse survivors.

This client has made a lasting impact on our center and our staff, through his perseverance, willingness to advocate for other crime victims and his sincere appreciation for the role of centers like ours in helping individuals of any age overcome the trauma of abuse.



2011-12 By the Numbers

12,024

Adult victims served

8,213

Child victims served

10,822

Friends and families of
victims served

56,362

Community Program
Participants

2,994

Programs presented to
community groups

25,188

Programs presented to
local schools/colleges

806

Attendees at the National
Sexual Assault
Conference

927

Facebook 'Likes'

912

Twitter Followers

91,385

Net dollars raised from
PCAR Vision of Hope
Fund

165,133

Hours counseling and
advocating for victims
and friends/family

68,379

Calls taken by
Rape Crisis Centers

Making a Difference



CAPSEA began providing Personal Body Safety programs for kindergarten through fifth grade children at South St. Marys Street Elementary school and provided training at the Cameron County Family Center.

Transitions created an internet safety video for individuals with intellectual and developmental disabilities.

The Crisis Center enhanced sex offender treatment and accountability.

Victims' Intervention launched new groups that extend beyond traditional support to focus on on-going self-care that many victims of trauma need.

The Blackburn Center engaged more than 1,000 college students at Seton Hill University in primary prevention projects.

Wise Options launched a sexual assault response team, programs on alcohol-related sexual assault and human trafficking and assessing readiness for sexual assault prevention at Penn College of Technology and increased efforts with law enforcement.

The Pennsylvania Coalition Against Rape's network of 50 rape crisis centers across the state are making a difference each day. Through prevention, intervention and outreach in our schools and communities, our centers continue to strive for a community free of sexual violence. Here is a sampling of the accomplishments throughout the Commonwealth during the 2011-12 fiscal year.

A Way Out partnered with the Intercept Club to promote awareness for Teen Dating Violence Month by developing showcases in area schools, a poster contest and a fundraiser.

The Victim Resource Center's advocacy with the medical system on behalf of rape victims blossomed into a statewide collaboration to increase awareness and change policies and practices regarding billing victims.

Victim's Intervention launched new groups focusing on on-going self-care that many victims of trauma need.

The Clinton County Women's Center worked closely with Lock Haven University to provide advocacy services on campus.

PPC Violence Free Network trained more than 70 mandated reporters to help them protect children from sexual abuse.

Victim Services helped adopt the Anonymous Reporting Protocol which provides guidance on

The Centre County Women's Resource Center added an eight-week support group focusing on developing healthy coping skills for adult survivors of child sexual abuse.

responding to victims who are reluctant or unsure about getting involved in the criminal justice system. Victim Services now responds to all calls for rape forensic exams as a result.

Survivors Inc. implemented alcohol-related sexual assault prevention programs on colleges.

The Victim Assistance Center helped Hanover Hospital develop a trained SAFE nurse team for the first time and worked with local MOU partners in response to the Sandusky case to address systemic problems.

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Keeping Faith

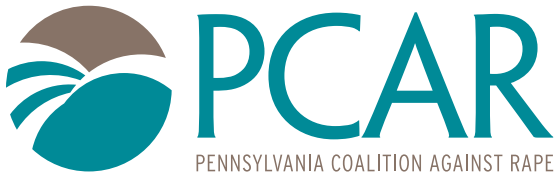
Faith began attending counseling at Crime Victim's Council when she was 9 years old after her father sexually abused her for many years. Both of her parents also had alcohol and drug abuse issues which contributed to Faith and her younger two siblings being neglected. While her parents battled addiction or were not present, Faith cared for her younger siblings. Faith was only a child herself, yet she tried to protect her brother and sister. Each were placed in foster care when the abuse was discovered. Eventually, they were separated. Faith's maternal aunt and her husband were able to take Faith into custody; however, they were not permitted to take Faith's brother and sister.

Faith struggled to handle the emotional toll. She was haunted by dreams of the abuse and of the estranged relationship with her mother and feared that by talking about what happened, it would enter her mind more often.

She also spent many months away from her brother and sister which made her sad. Throughout the counseling process, Faith worked on issues such as building self-esteem, coping skills, recognizing triggers of the abuse, stress management, healthy relationships, healthy communication, and conflict resolution. During the final phase of counseling, Faith created a collage that depicted what life was like for her during the abuse. She also had a section on the collage dedicated to highlighting the positive aspects of her life in the current moment and her healing from the traumatic aftermath of the sexual abuse.

Faith is now 15 years old and a freshman in high school. She lives with her aunt and uncle who were able to legally adopt her. Faith leads a very busy and productive life as she continues to strive towards her goals for the future. Faith is a very caring, intelligent, active and goal-oriented young lady with great potential to achieve her dreams.





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