

Pennsylvania Coalition Against Rape

2010-11 Annual Report

Leadership Advocacy Action



The mission of the Pennsylvania Coalition Against Rape is to work to eliminate all forms of sexual violence and to advocate for the rights and needs of victims of sexual assault.

Letter from our Chief Executive Officer

I am pleased to present the Pennsylvania Coalition Against Rape's Annual Report for FY 2010-2011. The 2010-2011 fiscal year signified a time of great change and challenges for PCAR.

The year began with a complete restructuring of the PCAR Board of Directors and organizational structure. The board transitioned from one comprised of representatives from our 51 rape crisis center contractors, to one made up of 20 community members.

In order to maintain the voice of our 51 contractors, PCAR established the Pennsylvania Association of Sexual Assault Contractors (PASAC), which provides contractors with the opportunity to discuss and establish standards for best practices, address concerns faced by their centers and identify legislative priorities.

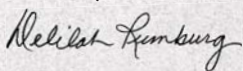
To provide for continued communication between PASAC and PCAR, six PASAC members serve as representatives on the PCAR Board of Directors. We are excited about the new members of the PCAR Board and look forward to working with them to enhance PCAR's presence across the state and position our organization for a strong future.

With the uncertain and challenging financial environment, PCAR, like everyone else, had to tighten its belt. When faced with proposed cuts in our budget, PCAR and its network of advocates successfully appealed to the Pennsylvania Legislature to maintain level funding.

Throughout these changes, PCAR staff has been hard at work developing some of the trainings and curricula described in this report. PCAR also helped to lead the launch of the first regional human trafficking response team in Pennsylvania.

As we close the books on another incredible year at PCAR, I look forward to moving another step closer to ending sexual violence!

Sincerely,



Delilah Rumburg
Chief Executive Officer



PCAR Board of Directors

Prabha Sankaranarayan Pittsburgh, PA <i>President</i>	Ralph J. Riviello, MD Philadelphia, PA <i>Vice President</i>	Paul J. Mendofik Wapwallopen, PA <i>Treasurer</i>	Mary Phan-Gruber Pittsburgh, PA <i>Secretary</i>
Terri Allison North Warren, PA	Pamela Golden Pittsburgh, PA	Denise Johnson, MD Meadville, PA	Mary Onama Norristown, PA
Eileen Behr Lafayette Hill, PA	Terri Hamrick Gettysburg, PA	Theo Kotjarapoglus Hidden Valley, PA	Judge Jack Panella Bethlehem, PA
Ann Bryson Lancaster, PA	Bruce Harlan Meadville, PA	'Strong Oak' Lefebvre Greenfield, MA	Dayna Sear New Castle, PA
Linda Castagna Lancaster, PA	Jayne H. Huston Blairsville, PA	Janet MacKay Wilkes-Barre, PA	Sheila Washington Pittsburgh, PA

78,000,000

Estimated number of women and men in the United States that have experienced sexual victimization during their lifetime.

National Intimate Partner & Sexual Violence Survey, 2010

3,193,000

Estimated number of women and men in Pennsylvania that have experienced sexual victimization during their lifetime.

National Intimate Partner & Sexual Violence Survey, 2010

1

The number of people it takes to make a difference in the lives of many.

You can help end sexual victimization.



Who is PCAR?

The Pennsylvania Coalition Against Rape works to eliminate all forms of sexual violence and to advocate for the rights and needs of victims of sexual assault.

PCAR formed in 1975 to provide coordination and information exchange between the emerging anti-rape efforts across the state, and was the nation's first anti-sexual violence coalition.

Today, PCAR provides funding, quality assurance oversight, training and support to 51 rape crisis centers that provide services to adult and child victims of sexual assault in all 67 counties of the Commonwealth.

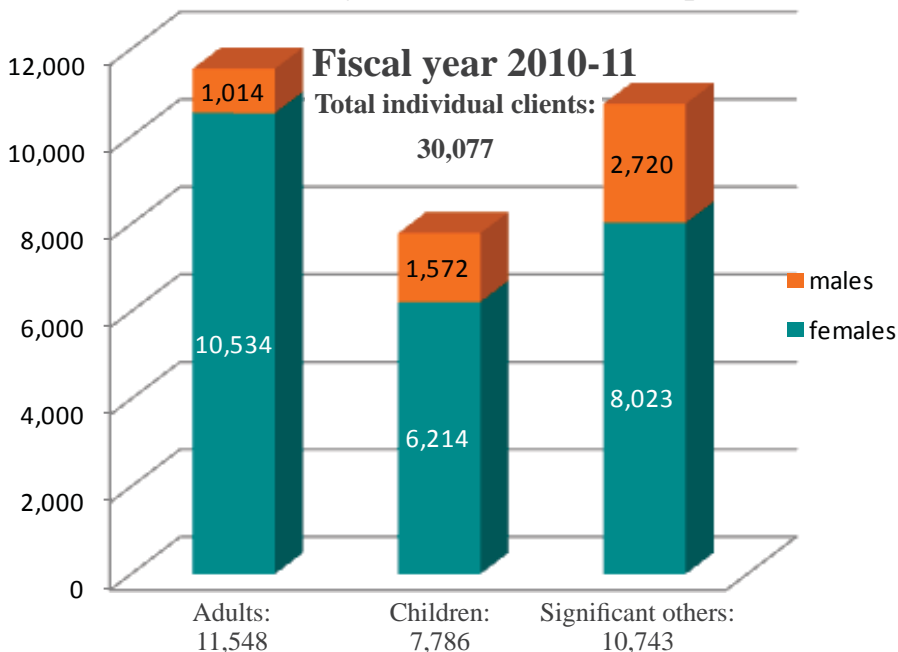
PCAR supports the National Sexual Violence Resource Center and AEquitas, the prosecutors' resource on violence against women. PCAR also is home to the Vision of Hope Fund and the HERO Project. More information on these efforts can be found on the following pages.

For more information on PCAR, visit www.pcar.org.

Free and confidential services include:

- 24-hour hotline response
- Accompaniment to medical facilities, police stations and legal proceedings to advocate for victims
- All centers provide support for child victims. Some provide play therapy and adult trauma informed therapy.
- Many centers also provide support groups for adults.
- Rape crisis centers provided more than 167,000 counseling hours to 30,077 individual clients.

Individual clients served by PCAR's network of rape crisis centers



Our national projects

National Sexual Violence Resource Center



In 2000, the Centers for Disease Control and Prevention (CDC) selected PCAR to house the National Sexual Violence Resource Center, the first national centralized resource center for information on sexual violence.

The NSVRC works in collaboration with state and territory sexual assault coalitions, representatives from underserved populations, the CDC, and a host of community-based and national allied projects.

NSVRC activities include training and technical assistance, referrals, consultation, systems advocacy, a resource library, capacity-building, integrating research findings with community-based projects, coordinating Sexual Assault Awareness Month, co-sponsoring national conferences and events and web-based and social networking resources.

More information about NSVRC can be found at www.nsvrc.org.



AEquitas

AEquitas' mission is to improve the quality of justice in sexual assault, domestic violence, dating violence and stalking cases by developing, evaluating and refining prosecution practices that increase victim safety and offender accountability.

Named after the Roman goddess of equity and fairness, AEquitas was created to provide prosecutors with the support, training, mentorship, and resources necessary to objectively evaluate and constantly reexamine and refine their approach to justice in cases involving violence against women.



AEquitas is a partnership between the U.S. Department of Justice, Office on Violence Against Women (OVW), the Pennsylvania Coalition Against Rape (PCAR), and the Battered Women's Justice Project (BWJP). PCAR serves as the fiscal agent for this organization, which is funded by OVW.

AEquitas' staff is comprised of former prosecutors and a forensic nurse examiner with expertise in sexual assault, domestic violence — including child witnessing-stalking, and dating violence.

" For more than 35 years, PCAR has set a standard for the sexual violence movement that is modeled throughout the world."

Support and assistance for survivors

PCAR provides professional training and education to a wide variety of professionals across the state and nation to enhance our society's ability to prevent sexual violence and support survivors.

PCAR's training department consists of nine members who focus on issues including prevention, trafficking, medical needs, special populations, survivors and the impact of sexual violence.

More information about the training and technical assistance department can be found at www.pcar.org.

Support at a glance:

- PCAR staff prepared through fiscal year 2010-11 to host the National Sexual Assault Conference in Baltimore, MD, Sept. 14-16, 2011. More than 800 professionals across the country attended the conference.
- PCAR's staff held 35 trainings for center staff and allies.
- More than 2,040 professionals were trained by PCAR.

Statistics gathered between July 1, 2010 and June 30, 2011.

National expert in prevention speaks to businesses



Expert voice: Cordelia Anderson speaks June 8 during the SVPPC summit in Camp Hill, PA.

The Pennsylvania Coalition Against Rape and the Pennsylvania Department of Health held the first "Preventing Sexual Violence: It's Everyone's Business" summit on June 8, 2011, in Camp Hill, PA.

Dr. Wanda Filer, a family physician at York Health Systems Medical Group and the former Physician General for the Commonwealth of Pennsylvania under Gov. Tom Ridge, discussed the impact of sexual violence across the lifespan and the physical, psychological and emotional effects of victimization.

Sensibilities Prevention Consultation founder Cordelia Anderson also spoke at the summit. She discussed the importance of engaging communities in preventing sexual violence. Approximately 80 community leaders from across Pennsylvania attended the summit.

Trainings offered in fiscal year 2010-11:

Prevention

- Effective primary prevention programs
- Involving youth in prevention efforts
- Preventing sexual violence in the campus community
- Engaging bystanders in sexual violence prevention
- Preventing sexual violence in LGBTQ communities

Trafficking

- Indicators of human trafficking at truck stops
- Prosecuting online images of child sexual abuse
- Investigating and prosecuting trafficking of adolescent girls
- Human trafficking institute for law enforcement, prosecutors and advocates in Yaounde, Cameroon
- Panel discussion for PA Bar Assoc.

Medical

- Forensic examination training for registered nurses and physician assistants in Pennsylvania
- Advocating for victims in medical settings
- Understanding the forensic exam (for ASL interpreters)
- Advanced medical advocacy training for staff at local sexual assault centers
- Unique skills of advocacy

*ard of excellence in the anti-sexual
e country and abroad."*

*- Cindy Dyer, Vice President, Human Rights
Vital Voices Global Partnership*

Task force created to combat trafficking

The Pennsylvania Coalition Against Rape and the Pennsylvania District Attorneys Association formed the first regional human trafficking response team in Pennsylvania.

The task force is comprised of district attorneys from Adams, Franklin, Perry, Cumberland and Dauphin counties, the Pennsylvania Coalition Against Rape, the Pennsylvania State Police, local law enforcement, U.S. Department of Homeland Security, Survivors, Inc., YWCA of Carlisle— Sexual Assault/Rape Crisis Services of Cumberland County, YWCA — Violence Intervention Prevention Program (Dauphin/Perry counties), WIN/Victim Services (Franklin/Fulton counties), Children & Youth, Sexual Assault Nurse Examiners, the Pennsylvania Motor Trucking Association and the LGBT Community Center Coalition of Central Pennsylvania.

“When people hear ‘human trafficking’ — whether for prostitution or labor — they sometimes think it is a problem outside their concern or something that does not happen in Pennsylvania,” PCAR Chief Executive Officer Delilah Rumburg said. “The fact is, human trafficking does occur in Pennsylvania. The response team will hold traffickers accountable for the crimes they commit within our neighborhoods and along our interstates, and extend crucial services to victims.”

Human trafficking occurs when a person is forced, coerced, threatened or deceived into performing labor or prostitution. They are forced to conform to the demands of others and are often held in servitude. Nationally, more than 100,000 U.S. citizens—mostly young girls—are trafficked for prostitution within the U.S. each year.



United: PCAR's Krista Hoffman announced the formation of a regional task force to fight human trafficking June 8, 2011, at State Police Troop H in Harrisburg. The response team is the first in Pennsylvania.

Impact of Sexual Violence

- Substance use/abuse
- Housing and sexual violence
- Vicarious trauma for support professionals
- Traumatic response and behaviors
- Alcohol and sexual violence
- Impact of sexual abuse on behavior
- Preventing alcohol-related sexual assaults on college campuses

Special Populations

- Sexual abuse in later life
- Sexual abuse in personal care homes
- Sexual abuse and people with disabilities
- Sexual abuse and mental health
- Counseling considerations for trafficking victims
- Engaging bystanders

Supporting Survivors

- How language influences public perceptions of sexual violence
- Cultural competence in victim services
- Core competencies – unique skills of advocacy
- Volunteer coordinator's topical trainings
- Standards for client case files

Preventing child sexual abuse

The Vision of Hope Fund



PCAR and the NSVRC launched the Vision of Hope Fund in 2005 to raise awareness and funds to be used to prevent sexual abuse and help children heal.

The Vision of Hope Fund has since raised more than \$900,000. Each year, PCAR solicits proposals for requests to fund research, effective prevention strategies and services for child victims of sexual abuse.

Grants up to \$50,000 are awarded annually to advance our mission of increasing child safety through adult responsibility and accountability.

PCAR's Vision of Hope fund backs programs that are making a difference across the state. The Fund has supported Internet safety programs for parents, education for family physicians and training for professionals who are mandated reporters of child abuse. These programs are teaching adults to prevent harm and to help children.

The HERO Project

The HERO Project is a media campaign intended to reduce the incidence of child sexual abuse by educating and motivating adults – parents, relatives, friends and neighbors – who are in a position to protect a child to call the statewide 24-hour HERO Helpline if they suspect child sexual abuse.

A trained counselor can discuss the caller's suspicions, provide information and encourage reporting; in some cases, the counselor may also make a report.

The Blackburn Center Against Domestic & Sexual Violence in Westmoreland County launched the HERO Project in 1998. The project was piloted in three additional locations before PCAR launched HERO statewide in 2008.

You can be a hero today.

Report child abuse to the Pennsylvania child welfare agency by calling CHILDLINE at 1-800-932-0313, or if you aren't sure what to do and would like to talk to a specifically trained sexual assault counselor, contact the HERO hotline at 1-877-874-HERO (4376).



Our response to TSA regulations

The Pennsylvania Coalition Against Rape and the National Sexual Violence Resource Center responded to controversial screening procedures developed by the Transportation Security Administration in Nov. 2010.

The TSA implemented procedures that included machines at airports which allowed security officers to see objects underneath clothing and enhanced pat-downs of areas, including thighs, buttocks and breasts. The changes were made in response to a man's Christmas 2009 attempt to blow up a Detroit-bound airline by hiding an explosive device in his underwear, according to TSA officials.



Controversial: New TSA airport screening procedures included machines at airports that allowed security officers to see objects underneath clothing and enhanced pat-downs of areas including thighs, buttocks and breasts in response to the so-called 'underwear bomber'.

PCAR and the NSVRC responded to the new procedures, which many called invasive, upsetting or even unconstitutional, through a multi-faceted approach that included conversations — both via telephone and in-person with TSA officials—outreach on social media, press releases, talking points and assistance to survivors who experienced re-traumatization.

PCAR and the NSVRC produced a fact sheet for sexual assault survivors which is now available on TSA's website detailing what to expect during airport screening procedures.

PCAR, NSVRC celebrate anniversaries



Celebrating the occasion: PCAR Chief Executive Officer Delilah Rumburg speaks during the NSVRC's open house June 22, 2010, in Enola, PA.

The Pennsylvania Coalition Against Rape and the National Sexual Violence Resource Center each celebrated milestones in 2010 – their 35th and 10th anniversaries.

In its 35 years, PCAR grew from the first state coalition against sexual violence into a national leader on sexual assault issues. PCAR steadily expanded to provide funding, quality assurance oversight, training and support to 51 rape crisis centers that provide services to victims of sexual assault in all 67 counties of the Commonwealth.

During that time, PCAR also spearheaded the formation of the NSVRC and is proud to continue to work with the Centers for Disease

Control and Prevention.

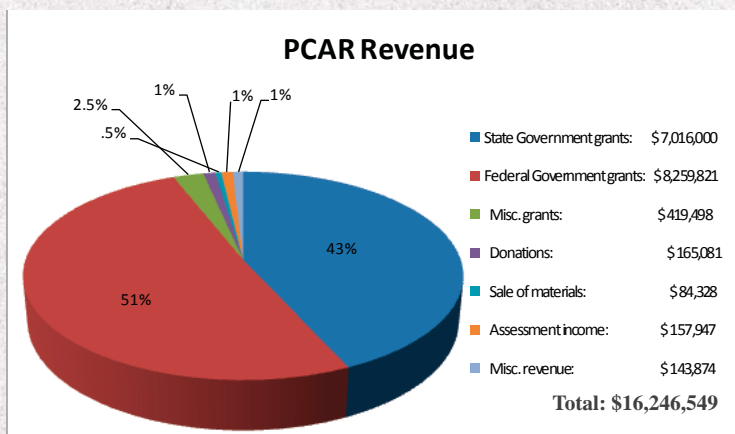
In 10 years, the NSVRC expanded from nine staff members and bare library shelves to an experienced staff of 23 that provides technical assistance to nearly 20,000 people in all 50 states, eight U.S. territories, the District of Columbia and 62 other countries.

To celebrate the milestones, the NSVRC hosted an open house June 22, 2010.



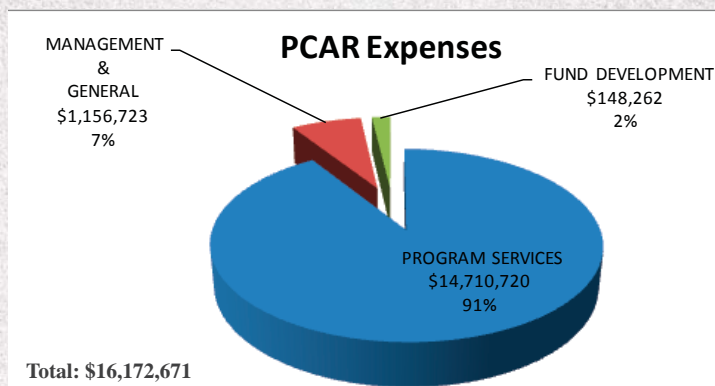


PCAR funding FY 2010-11



Left: The Pennsylvania Coalition Against Rape generates revenue to support services to 51 rape crisis centers and administrative costs from a variety of sources. Revenue totaled \$16,246,549.

Right: The Pennsylvania Coalition Against Rape's expenses totaled \$16,172,671. PCAR supports program services for 51 rape crisis centers across the Commonwealth.





Pennsylvania Coalition Against Rape
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@pcarorg



pcarorg



NO MORE

TOGETHER WE CAN END
DOMESTIC VIOLENCE & SEXUAL ASSAULT